

#MYFREEDOMDAY

Dialogue Briefing

What is Human Trafficking?

Human trafficking is defined as **the movement or recruitment of people by deception, coercion, or force for the purpose of exploitation** (Stop The Traffik). According to Stop The Traffik, there are an estimated 40.3 million people living in modern day slavery. Of that number, the International Labour Organization reports an estimated 24.9 million people trafficked around the world each year for labour. (Human Trafficking Institute).

There are many ways a person is trafficked and exploited, with the most common being for labour, sex, domestic servitude, forced marriage, forced criminality and organ harvesting. **10.1 million who are being exploited are estimated to be children under the age of 18.** (Stop The Traffik)

Human trafficking is an issue that impacts us all, even if you are not directly involved in a particular situation. It not only has devastating impacts on those who are subject to it, but it also **compromises the safety and security of all communities and countries.** The first part of fighting human trafficking is in raising awareness and knowing how to spot the signs. One place everyone can start is in participating in dialogue to learn about human trafficking, its impact on communities and peoples' lives, and to share ways to prevent and eradicate this issue.

What is Dialogue?

Dialogue is not just about raising awareness about important issues like human trafficking. **Dialogue is a specific way to communicate with each other to create a deep understanding of our own and other people's beliefs, values, perspectives, and experiences.**

According to Generation Global, dialogue requires core skills to be effective when communicating with others, skills like **global communication, active listening, critical thinking, questioning, and reflection.** It is important that anyone who enters in a dialogue to talk about human trafficking know and use these skills.

Learn More



Watch this video from Share America:
<https://share.america.gov/human-trafficking-is-a-global-epidemic-video/>



Read facts from Stop The Traffik:
<https://www.stophetraffik.org/what-is-human-trafficking/definition-and-scale/>



Practise the skills of dialogue on the
Ultimate Dialogue Adventure:
<https://adventure.generation.global/>

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Dialogue Briefing Continued...

Dialoguing About Human Trafficking

Human Trafficking is a difficult issue to dialogue about. It is complex, sensitive and may involve intense feelings, deeply personal experiences and awful facts to grapple with. To understand this challenging topic and how it affects us all, **it is important that participants in the dialogue know how to communicate effectively.** Before you enter a conversation on this sensitive issue be sure that you have taken some time to prepare using these tips and strategies below:

1

Create safe and brave spaces



The best way to create a safe and brave space is to discuss and agree on community guidelines for engagement before the dialogue. This can be each participant sharing some things they need to feel safe like **'not being judged'** or **'being quiet while others speak'**.

If you find yourself in a situation where you are not able to discuss this before the dialogue, **think about what you need to feel safe and respected and treat others as you would want to be treated.**

2

Use the Five Core Skills



- **Show you are listening to people** who are sharing by focusing on them while they speak, thanking them for being brave, and asking them follow up questions based on what you hear to learn more.
- **Share about your own feelings and experiences** with the topic if you feel comfortable to do so and don't speak for other people. If you share your perspectives, be sure to explain why you think or feel that way.
- **Take a moment to pause and think critically** and carefully about what you hear, and about your own beliefs and perspectives. This shows you are being considerate and trying to understand others.
- **Ask questions that seek to understand** other peoples' beliefs, values, experiences, feelings, and perspectives. A good tip is to use words like 'Why' or 'Can you tell me more about...'
- **Challenge the idea not the person.** Showing that we disagree is healthy in a dialogue but needs to be done without judging, assuming or attacking a person.
- **Reflect often on how you are using the skills of dialogue.** Consider how you and other participants are feeling. Is everyone's voice being included? What skills can you use to help the dialogue go deeper?